



For most of history,  
Anonymous was a woman.  
Virginia Woolf

## Brecon Women's Festival 2024 Programme

### Friday March 1st

#### 5pm – Festival Tree Planting, The Bandstand, Brecon Promenade

Join the Festival organisers and **Paula Keen** of **The Woodland Trust** to plant this year's commemorative Festival trees. Please wear suitable clothing and footwear in preparation for the changeable Welsh weather and bring gardening gloves and a spade if you have them

### Monday March 4th

#### 7pm – *Leonor Will Never Die* - Coliseum Cinema, Wheat St

**Brecon Film Society** support BWF with a special screening of *Leonor Will Never Die*. Fiction and reality blur when Leonor, a retired filmmaker, falls into a coma when a television falls on her head, compelling her to become the hero of her own unfinished screenplay

**Doors open 7.15pm for a 7.30pm start. Non-members welcome - £8 per film (cash only). Contact [fizcowtan@hotmail.co.uk](mailto:fizcowtan@hotmail.co.uk) for membership queries**

### Wednesday March 6th

#### 10am – 1pm Brecon Green Minds Nature Connection - Cathedral Close & Gardens

Horticultural activities, craft-making and restorative nature-connection sessions can all be used to improve mental, emotional and physical wellbeing. Join Green Minds for a special female focussed session in the tranquil surroundings of the Close and begin the journey of improving and maintaining your wellbeing in a safe, healing environment that provides respite from life's daily challenges

**Booking essential. Free event, but donations to Green Minds welcome  
To book/for more info, contact [seren@breconmind.org.uk](mailto:seren@breconmind.org.uk) 0794911572**

#### 6 - 8pm – Found's Brecon Women's Festival Exhibition – Found Gallery, The Bulwark

The opening party for Found's first exhibition of 2024

The show features Brecon Artists **Janet Foster, Anne Bossett and Kate Freeman** - bold and imaginative landscapes and still life meet multi-dimensional atmospheric works, and vibrant colour experimentation. Found will also introduce two incredible new Potters, sisters Anne and Jane Seymour

**Found is open 10am – 4.30pm Tuesday to Saturday [foundgallery.co.uk](http://foundgallery.co.uk)**

### Thursday March 7th

#### 6.30pm - Creating Your Own Stories: Lessons from Inspirational Women - Peterstone Court, Llanhamlach, LD3 7YB

A special celebration in honour of International Women's Day, featuring a panel of five inspirational local women sharing their diverse journeys of resilience and empowerment. Through stories of overcoming adversity and blazing trails, these women embody the spirit of IWD. The event includes a panel discussion, Q&A session, and a networking opportunity

**Complimentary drinks are provided. Secure your free ticket**

**via the following link <https://www.eventbrite.co.uk> - 830123801637**

**For inquiries, contact Donna Elliott at [DEVA@donnaelliott-virtualassistants.com](mailto:DEVA@donnaelliott-virtualassistants.com)**

## Friday March 8th - International Women's Day

### Brecon Women's Festival at Ardent Gallery, High St

#### Friday 8th March – Saturday 30th March - Celebrating Women Artists in 2024

A month long exhibition by Women Artists and Makers that features paintings, ceramics and print making from Artists including **Susan Barber, Dawn Harries, Louise Collis** and many more

**Ardent Gallery is open 11am-5pm Tuesday to Saturday**  
[ardentgallery.co.uk](http://ardentgallery.co.uk)

#### 5.30pm – Shining a Light on Gwenllian Morgan - Y Gaer, Glamorgan St

A special event to officially launch this year's Brecon Women's Festival with the unveiling of a new project celebrating the extraordinary life of **Brecon's Gwenllian Morgan** – Philanthropist, Activist, and Scholar who became Wales' first Woman Mayor. **For further information contact [breconstory@gmail.com](mailto:breconstory@gmail.com)**

## Saturday March 9th

#### 6.30pm - Reclaim The Night - Safer Streets For All Walk - Theatr Brycheiniog, Canal Basin

A short walk to raise awareness about the importance of women being able to feel safe on the streets at night. An accessible walk (lasting app 30 mins) that starts at Theatr Brycheiniog and ends with refreshments at The Guildhall. Bring candles, bring banners, bring pets - everyone is welcome

**Free Event, all Welcome**

#### 7.30pm – Slipped Disco – The Muse, Glamorgan St

The Muse are thrilled to announce the return of Slipped Disco for a special night celebrating Brecon Women's Festival. The 9 piece Disco band of amazing instrumentalists are led by formidable vocalists. A set from **DJ Gini** will take party-goers through to the early hours. Gini set the perfect tone as one of the guest DJs at last years 'Women Who DJ' event so The Muse are delighted to welcome her back

**Grab your tickets early to avoid disappointment at**  
[www.ticketsource.co.uk](http://www.ticketsource.co.uk)

## Tuesday March 12th

#### 7pm - Aberhonddu Angels WI Open Evening – The Bowling Club, Kensington

Join Aberhonddu Angels WI - WI from a different angle, for an open meeting where they discuss **Creativity and the Menopause** and how participation in the Arts can help navigate the often turbulent waters of the Menopause years

**Free event, all welcome**

## Wednesday March 13th

#### 6pm - Jan Hurst Homeopath – The Hours, Brecon Cathedral

The holistic art of homeopathy aims to promote health and wellbeing by addressing physical, emotional and mental symptoms. Join Brecon Practitioner Jan Hurst for an introduction to this ancient healing practice

**Free event, all welcome**

## Thursday March 14th

#### 5pm & 7pm - Out of Chaos Comes Bliss - Cerys Matthews at The Hours, Brecon Cathedral

Join Cerys Matthews for a candle lit event to celebrate the publication of her illustrated children's edition of **Under Milk Wood** and the upcoming release of her Pushkin Press published collection **Out of Chaos Comes Bliss: Dylan Thomas poetry from the beginnings to the end**. This intimate candlelit gathering will be followed by a book-signing

**Please note – this event has now sold out**

### Friday March 15th

#### **7.30pm –The Big Social Draw 2024 - Laura Dennis Gallery, Ship St**

Join Artist Laura Dennis for her annual Big Social Draw. Bring wine, and bring friends to celebrate International Women's Day 2024. Chaps and gals all welcome. The event is totally free - all you need to do is turn up with something to create with - pens, pencils, paint, literally anything you have to hand

**Go to [lauradennis.co.uk](http://lauradennis.co.uk) to book your free ticket**

### Saturday March 16th

#### **3-4.30pm - Mindful Movement with Clara Rust - Brecon Subud Hall, Canal Rd**

A guided exploration to move your body mindfully and with curiosity. This session will draw on a variety of practices including **dance, yoga and somatic movement**. There will be opportunities to find your sense of flow, gently challenge yourself, discover new movements and how it feels to embody different qualities while honouring how you want to move and going at your own pace. No experience needed. Wear something comfortable that you can move in easily and bring a yoga mat if you have one

**Booking essential. Please contact [clararust.dance@gmail.com](mailto:clararust.dance@gmail.com)**

### Saturday March 16th

#### **6.30-11pm - Nepali Ladies Night - Brecon Guildhall, High Street**

A fabulous fundraising evening in aid of Nepali schools, Brecon Mountain Rescue and Wales Air Ambulance

**Tickets £22 which includes a two course Ghurka Curry Meal**

**Advance Bookings only. Please contact 07702 426997**

### Tuesday March 19th

#### **6-7.30pm - Fusion Bellydance with Clara Rust - The Hours, Brecon Cathedral**

A relaxed, fun workshop where participants will be led and supported by Clara to explore the often mysterious art of Bellydancing. You will learn smooth, fluid bellydance movements fused with controlled isolations that will enable you to devise a short choreographed sequence towards the end of the session that you can enjoy dancing together. No experience necessary. Wear comfortable clothing

**Booking essential. Please contact [clararust.dance@gmail.com](mailto:clararust.dance@gmail.com)**

### Wednesday March 20th

#### **7pm – Meno Power With Alecs Mac – St John's Centre, Pendre Close, Brecon**

A Menopause fitness class and workshop with Brecon's Alecs Mac. Suitable for all women – pre or post menopause who want to learn more about the menopause and experience how resistance exercise is one of the best ways to alleviate symptoms and support them in later life

**Pre-booking essential at [alecsmacfitness@gmail.com](mailto:alecsmacfitness@gmail.com) or 07792 006019**

### Thursday March 21st

#### **6pm – The Art of Barter – The Hours, Brecon Cathedral**

The exchanging of goods and services in place of money is an age-old custom. In a world where currency is now a dubious entity could bartering be the female led currency of the future? Join **Author & Forager Adele Nozedar** and **Artisan Baker & Business Woman Caroline Frampton** for a fascinating debate about the economy of the future

**Free event, all welcome**

## Friday March 22nd

### 6pm - Jeremy Hooker and Phillip Gross Poetry Reading – The Hours, Brecon Cathedral

Eminent Poets Jeremy Hooker and Phillip Gross come together for a special evening of Poetry to mark Jeremy's birthday and to remember and celebrate the life and work of two much loved and much missed Festival friends the

Poets **Ruth Bidgood and Anne Cluysenaar**

A book signing will take place afterwards

**Free event, all welcome**

## Saturday March 23rd

### 10am – 4pm – Brecon Women's Festival Artisan Fair – The Hours, Brecon Cathedral

The annual Festival Artisan Market from **Artisan Events Wales** takes place in Brecon Cathedral's historic Tithe Barn next to the Bookshop. Visitors can enjoy an amazing array of authentic local handmade Art, Craft & Jewellery. The Cafe & Bookshop will be open all day and a raffle will be held in support of **Calan DVS**

## Sunday March 24th

### 10am - Festival Daft Dip – Brecon Promenade

The joy of swimming in rivers and lakes is more popular than ever with many people enjoying the mental health and wellbeing benefits of cold water immersion. This now traditional Festival dip will be led by the Brecon Daft Dippers - experienced cold water swimming, walking and outdoors enthusiasts

**Please note, all Dippers participate at their own risk**

## Wednesday March 27th

### 6pm – Womenfolk – The Hours, Brecon Cathedral

Last year saw the inaugural 'Womenfolk' Festival exhibition by Photographer (and sometime Cook...) **Nicky Bickerton**. The exhibition returns this year with twelve new portraits of incredible Brecon Women. Join The Hours

Proprietresses and Festival Organisers Leigh & Nicky to raise a glass for the opening of this year's exhibition. Fabulous folk music will be provided by **Jan**

**Hurst & Laurie Pyle's Love Mustard**

**Free event, all welcome**

## Thursday March 28th

### 6.30pm – 8pm – Botanical Gin & Colouring In – Ardent Gallery, High St

Colouring in is proven to be very beneficial in reducing stress and anxiety and is a great way of relaxing whilst exercising the mind. An informal session colouring in botanical illustrations which includes a complimentary Gin & Tonic

**Tickets £15, all materials provided.**

**Email – [gemmaschiebefinedart@mail.com](mailto:gemmaschiebefinedart@mail.com) to book (payment must be made in advance)**

**Brecon Women's Festival is an entirely voluntary, un-funded, celebration for International Women's Day organised and curated by The Hours Cafe & Bookshop.**

**We would like to thank all this year's contributors, venues and participants for their part in this month-long celebration.**

**Thank you, Leigh & Nicky xxx**

